

120. 児童・生徒の体力、運動能力

平成3年度

| 性別 年齢 県・国別 | 体力運動能力 | | | | | | | | | |
|------------------|--------------|--------------|-------------|------------|-----------------|-------------|---------------|--|--|-------|
| | 反復横とび (点) | 垂直とび (cm) | 背筋力 (kg) | 握力 (kg) | 踏み台昇降運動 (指数) | 50m走 (秒) | 走り幅とび (cm) | ソフトボール投げ (小学校) ハンドボール投げ (中・高) (等学校) (m) | 斜懸垂 (小学校の男) (女・中・高) 等学校の女 懸垂腕屈伸 (中・高等学) 校の男 (回) | |
| 小 学 校 | | | | | | | | | | |
| 男 | 10-県 | 38.38 | 34.26 | 57.29 | 18.09 | 67.67 | 9.05 | 298.35 | 28.02 | 30.48 |
| | 10-国 | 38.88 | 34.64 | 58.75 | 18.34 | 70.12 | 9.14 | 298.85 | 28.73 | 26.74 |
| | 11-県 | 42.50 | 39.31 | 70.29 | 21.95 | 69.25 | 8.64 | 323.20 | 32.59 | 33.26 |
| | 11-国 | 42.11 | 38.50 | 68.30 | 21.61 | 70.50 | 8.79 | 319.21 | 32.83 | 28.72 |
| 女 | 10-県 | 37.32 | 33.09 | 46.80 | 16.83 | 64.65 | 9.22 | 275.81 | 15.94 | 27.72 |
| | 10-国 | 37.05 | 33.04 | 48.11 | 16.85 | 66.30 | 9.41 | 266.68 | 15.97 | 23.52 |
| | 11-県 | 40.50 | 36.40 | 57.59 | 20.26 | 65.37 | 8.91 | 295.58 | 18.43 | 26.60 |
| | 11-国 | 40.25 | 36.45 | 56.86 | 19.97 | 65.60 | 9.08 | 286.68 | 18.72 | 22.44 |
| 中 学 校 | | | | | | | | | | |
| 男 | 12-県 | 39.74 | 43.07 | 83.43 | 25.53 | 70.78 | 8.30 | 344.77 | 19.63 | 2.55 |
| | 12-国 | 39.82 | 42.95 | 83.20 | 25.99 | 69.99 | 8.37 | 338.92 | 19.32 | 3.81 |
| | 13-県 | 42.52 | 50.27 | 101.83 | 31.82 | 72.47 | 7.79 | 383.24 | 22.75 | 4.53 |
| | 13-国 | 41.96 | 49.27 | 99.39 | 31.97 | 71.00 | 7.94 | 375.21 | 22.06 | 5.04 |
| | 14-県 | 44.53 | 56.24 | 118.43 | 37.44 | 71.62 | 7.40 | 418.89 | 25.67 | 6.45 |
| | 14-国 | 43.94 | 54.64 | 113.77 | 36.94 | 70.81 | 7.56 | 408.43 | 24.13 | 6.42 |
| 女 | 12-県 | 36.77 | 38.75 | 65.35 | 21.92 | 66.63 | 8.78 | 301.86 | 13.11 | 30.88 |
| | 12-国 | 37.23 | 39.53 | 63.16 | 21.66 | 65.44 | 8.79 | 296.82 | 13.60 | 29.03 |
| | 13-県 | 37.98 | 41.91 | 73.12 | 24.40 | 67.26 | 8.61 | 312.84 | 14.32 | 31.84 |
| | 13-国 | 38.02 | 41.39 | 70.16 | 24.36 | 67.32 | 8.66 | 314.26 | 14.73 | 29.11 |
| | 14-県 | 39.03 | 43.39 | 77.98 | 25.68 | 66.37 | 8.51 | 322.93 | 15.53 | 32.94 |
| | 14-国 | 38.41 | 42.80 | 73.29 | 25.65 | 65.94 | 8.69 | 305.01 | 15.02 | 26.89 |
| 高 等 学 校 | | | | | | | | | | |
| 男 | 15-県 | 44.59 | 58.22 | 121.98 | 40.82 | 71.65 | 7.47 | 418.07 | 25.75 | 5.91 |
| | 15-国 | 43.67 | 58.16 | 121.75 | 41.40 | 68.52 | 7.45 | 411.90 | 25.82 | 6.68 |
| | 16-県 | 46.22 | 60.96 | 134.04 | 43.87 | 69.75 | 7.29 | 433.63 | 27.25 | 7.15 |
| | 16-国 | 45.43 | 60.11 | 130.97 | 43.79 | 69.67 | 7.33 | 423.88 | 26.95 | 7.37 |
| | 17-県 | 46.72 | 63.39 | 136.66 | 45.29 | 70.19 | 7.17 | 445.03 | 28.35 | 7.51 |
| | 17-国 | 46.24 | 61.68 | 136.10 | 45.43 | 69.38 | 7.24 | 434.47 | 28.08 | 8.05 |
| 女 | 15-県 | 38.83 | 43.18 | 74.11 | 26.56 | 62.42 | 8.75 | 302.57 | 14.59 | 32.47 |
| | 15-国 | 38.07 | 42.54 | 72.40 | 26.11 | 61.56 | 8.92 | 294.58 | 15.19 | 27.71 |
| | 16-県 | 38.39 | 43.80 | 78.75 | 27.25 | 65.51 | 8.90 | 300.05 | 15.20 | 30.89 |
| | 16-国 | 38.88 | 43.16 | 77.79 | 27.42 | 63.68 | 8.87 | 297.53 | 15.75 | 27.75 |
| | 17-県 | 39.19 | 44.45 | 80.55 | 27.49 | 67.45 | 8.81 | 306.67 | 15.97 | 26.80 |
| | 17-国 | 39.36 | 43.71 | 79.25 | 27.53 | 64.56 | 8.84 | 300.83 | 16.07 | 29.01 |

注) 国の数値は平成2年度。

資料 教育庁「千葉県教育便覧」