

229. 幼児・児童・生徒の年齢別平均身長・体重・胸囲及び座高……(昭和35～平成元年)

	身長 (cm)				体重 (kg)				胸 囲 (cm)				座 高 (cm)				
	35年	44	55	平成元年	35年	44	55	平成元年	35年	44	55	平成元年	35年	44	55	平成元年	
男																	
幼稚園	5歳	108.1	109.0	110.5	111.3	17.9	19.1	19.3	19.5	55.4	56.0	56.3	56.4	61.6	61.6	62.6	63.2
小学校	6	112.4	114.5	115.7	116.9	19.2	20.2	20.8	21.6	56.3	57.0	57.5	58.0	63.4	64.4	64.7	65.4
	7	117.8	120.0	121.5	122.7	21.3	22.5	23.5	24.1	58.4	59.1	59.6	60.4	65.9	67.1	67.3	67.9
	8	122.4	125.0	127.1	128.5	23.5	24.9	26.3	27.5	60.4	59.7	62.2	63.0	68.3	69.3	69.8	70.7
	9	126.5	130.2	132.3	133.6	25.6	27.7	29.3	30.6	61.9	63.4	64.6	65.6	70.2	71.5	72.1	72.8
	10	131.9	134.9	137.7	138.8	28.3	30.6	33.0	34.1	64.1	65.5	67.3	68.1	72.4	73.7	74.4	75.0
	11	136.9	140.1	143.4	144.4	31.5	33.9	36.4	38.0	66.7	68.0	69.4	70.6	74.4	75.8	76.8	77.4
中学校	12	142.3	146.9	149.7	151.6	35.0	38.4	41.4	43.4	68.7	70.8	72.6	73.9	77.0	78.8	79.8	80.7
	13	148.7	153.8	157.0	158.6	39.8	43.7	46.9	48.6	73.1	73.6	76.1	77.3	80.3	82.3	83.1	84.0
	14	155.5	160.1	163.7	164.6	45.9	49.2	52.4	54.5	76.7	78.6	80.0	81.1	83.3	85.7	86.8	87.4
高等学校	15	161.0	164.8	166.8	168.2	51.1	53.9	56.9	59.3	79.7	82.1	82.8	83.7	87.4	88.7	88.9	89.4
	16	164.3	166.8	169.1	169.5	55.4	56.8	59.5	61.0	82.5	84.7	85.2	85.2	89.1	89.8	89.9	90.0
	17	165.2	168.0	169.3	170.4	56.8	58.2	60.0	62.4	84.5	85.8	86.0	86.8	90.0	90.2	90.1	90.7
女																	
幼稚園	5歳	106.6	108.3	109.4	110.5	17.2	18.5	18.5	19.1	53.8	54.8	55.1	55.2	60.9	61.1	61.9	62.6
小学校	6	111.1	113.5	115.6	116.4	18.6	19.8	20.7	21.3	54.8	55.6	56.1	56.9	62.6	64.0	64.5	65.0
	7	116.7	119.2	120.8	121.9	20.5	22.2	22.7	23.6	56.7	57.7	58.4	58.9	65.6	66.7	67.0	67.6
	8	121.5	124.7	126.2	128.0	22.8	24.6	25.4	26.9	58.8	60.0	60.3	61.6	68.0	69.2	69.4	70.3
	9	126.8	130.0	131.6	133.4	25.2	27.5	28.6	30.1	60.8	62.1	63.0	64.4	70.1	71.6	71.6	72.7
	10	132.3	136.0	137.7	139.6	28.4	31.1	32.4	33.9	63.4	65.0	66.4	67.5	72.8	74.3	74.6	75.6
	11	138.5	142.2	144.8	146.6	32.2	35.5	37.7	38.8	66.8	68.4	70.4	71.2	75.7	77.6	78.2	78.9
中学校	12	144.3	148.7	150.8	151.6	37.1	40.8	42.6	44.0	69.9	72.9	74.5	75.4	79.1	80.7	81.3	82.0
	13	148.7	152.0	153.9	155.0	42.0	44.9	46.6	47.4	74.0	76.4	77.3	77.5	81.4	82.8	83.1	83.6
	14	151.1	154.2	155.9	156.7	46.2	48.5	49.3	50.2	77.1	78.9	79.2	79.5	83.5	84.0	84.0	84.5
高等学校	15	153.1	155.2	156.7	157.2	48.5	51.0	51.9	52.2	78.8	80.1	80.7	81.6	84.6	85.1	84.8	84.8
	16	153.6	155.4	157.1	157.8	50.1	51.9	52.4	53.2	80.2	80.9	81.6	82.4	84.1	85.7	84.8	84.8
	17	154.2	155.7	157.3	157.8	51.3	52.2	52.4	52.0	81.2	81.7	81.7	81.8	85.1	85.8	84.9	84.8