



Fencing



©Japan Fencing Federation

A sport where two competitors face off on a rectangular game field called a piste and attack or defend with weapons (swords). Electrical circuits are embedded in the weapons (swords) and protective gear used, and lamps light up when an attack is successful. There are three events: "foil", "épée" and "sabre".

Venue ▶ Makuhari Messe Hall B

There is no fixed styles and each competitor shows his or her individuality. Look out for differing styles as you cheer them on.



Ryo Miyake
(born in Ichikawa city, Chiba)
2012 London Olympic Games
Men's Foil Group Silver Medal



It is a sport based on swordsmanship developed in Europe!

Surfing



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Multiple competitors compete at the same time within a time limit to determine the winner. You can earn high scores by identifying good waves and performing difficult turns and aerials (techniques that take the surfboard into the air).

Venue ▶ Tsurigasaki Surfing Beach

The appeal of surfing is the sense of speed as you glide freely on the water surface! The waves of Ichinomiya are also amazing.



Hiroto Ohara
(born in Ichinomiya Town, Chiba)
Chiba prefecture special designated competitor
2015 Vans of US Open of Surfing Winner



It will be adopted as an Olympic sport for the very first time at the Olympic Games Tokyo 2020!

Taekwondo



©All Japan Taekwondo Association

Taekwondo has been held as an Olympic sport since the 2000 Sydney Olympic Games. Athletes can attack using their hands and feet, but the event is characterized by attacks with the feet. Whether an attack is valid or invalid is determined mechanically by the electronic sensors attached to the competitors' protectors.

Venue ▶ Makuhari Messe Hall A

The event features a wide variety of kicking techniques and a great sense of speed, and part of the appeal is the variety of fighting methods that depend on the character of the competitors.



Yoriko Okamoto
2000 Sydney Olympic Women's
- 67 kg class bronze medal



Matches are judged on a points system, and different points are awarded according to the type of attack and the part hit!

Wrestling



©Sachiko Hotaka

This is a sport in which two competitors battle with their bare hands in a 9m diameter circle on the mat. Both competitors defend and attack with tackles and throwing techniques in a low position. "Greco-Roman style" is a battle using only the upper body, while in "Freestyle" you can attack any part of the body.

Venue ▶ Makuhari Messe Hall A

Wrestling is Japan's forte. We look forward to a gold medal rush in Makuhari!



Katsuhiko Nagata
(born in Togane city, Chiba)
2000 Sydney Olympic Games
Men's Greco-Roman style 69 kg
class silver medal



Wrestling has been an Olympic sport ever since the first games in Athens in 1896!

Sports to be held in Chiba

Makuhari Messe

Olympic Sports

Paralympic Sports



Makuhari Messe



©Kazuji Shimizu

Goalball



©Japan Fencing Federation

Fencing



©All Japan Taekwondo Association

Taekwondo



©Sachiko Hotaka

Wrestling



©Kazuji Shimizu

Sitting Volleyball



©World Taekwondo Federation

Para-Taekwondo

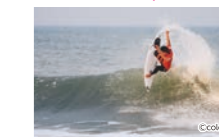


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Wheelchair Fencing

Tsurigasaki Surfing Beach

Olympic Sports



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Surfing

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Olympic and Paralympic Games Tokyo 2020 in Chiba Prefecture

Introductory Brochure for Sports to be held in Chiba Prefecture

Chiba Prefecture

Competition venues

Makuhari Messe



This complex convention facility opened in 1989. It consists of three facilities - the "International Exhibition Hall", "International Conference Hall" and "Makuhari Event Hall" - the largest music events and cultural events in Japan are held here.

■ **Olympic Sports** Fencing, Taekwondo, Wrestling

■ **Paralympic Sports** Goalball, Sitting Volleyball, Para-Taekwondo, Wheelchair Fencing

Tsurigasaki Surfing Beach



Located at the southernmost end of Kujūkuri Beach, the wave front along this coast generates strong waves. International surfing competitions are held here, and professional and advanced surfers gather here.

■ **Olympic Sports** Surfing

Goalball



©Kazuji Shimizu

Goalball is a sport contested by visually impaired competitors, with teams of three battling it out wearing eye shades. Teams attack on the court by rolling, bouncing and throwing a 1.25kg ball, with a bell inside, into the opposing team's goal. They compete over two 12-minute halves. The defenders listen to the sound of the bell and the footsteps of their opponents, and defend using their whole bodies.

Venue ▶ Makuhari Messe Hall C

Profound strategy is born out of the competitors' sensitivity and creative ability. The tactics of the bench put the match together. It's an intense battle lead sound of the ringing bell. You can't lose focus even for a moment.



©Japan Goalball Association

Yuta Kawashima
2016 Japan Goalball Championship Winner

Point There is a bell inside the ball, so it makes a sound when it rolls!

Sitting Volleyball



©Kazuji Shimizu

Sitting Volleyball is a six-person volleyball game where players must keep part of the body, the area between the buttocks and the shoulder, in contact with the court at all times. The ball is the same as a standard volleyball, but the court is narrower than a standard court and has a lower net. A match is 5-sets of first to 25 points (first to 15 points in the 5th set) with no right to serve.

Venue ▶ Makuhari Messe Hall A

The highlights of the Japanese team, facing their taller overseas counterparts, are their speed and teamwork. Take a look at their harmonious play combination.



Masahiko Kato
(Chiba Pirates)
2000 Sydney Paralympics 9th place
2004 Athens Paralympics 7th place

Point Unlike volleyball, you can block serves!

Para-Taekwondo



There are two events: gyeorugi (sparring for competitors with physical disabilities) and poomsae (forms for competitors with intellectual disabilities). At the Tokyo 2020 Paralympic Games, gyeorugi will be officially adopted! Just like Taekwondo, you will want to watch the spectacular kicks.

Venue ▶ Makuhari Messe Hall B

Keep an eye on the split-second tactics and the thrilling kicking combination moves.



Photographed by LESLIE KEE

Chikara Ito
2017 U.S. Open Championship Winner

Point The rules are almost the same as Taekwondo, but attacks to the head are prohibited!

Wheelchair Fencing



©Kazuji Shimizu

A fencing competition that takes place with wheelchairs fixed to a platform called a piste. The uniforms, swords and masks used are the same as in standard fencing. There are three events - "foil", "épée" and "sabre" - divided into two classes depending on the type and extent of disability.

Venue ▶ Makuhari Messe Hall B

The control and speed of the swords decides the victor!



Naoki Yasu
2004 Athens Paralympic Wheelchair Basketball Team Member
2016 Wheelchair Fencing Japan Championship Winner

Point Wheelchairs are fixed to the ground with a special piece of equipment called a "piste"!

Tokyo 2020 Overview Outline of the Organisational Plan

Olympic Games

Official Name Games of the XXXII Olympiad
Dates Friday, 24 July - Sunday 9 August 2020
Number of Sports 33

Paralympic Games

Official Name Tokyo 2020 Paralympic Games
Dates Tuesday, 25 August - Sunday 6 September 2020
Number of Sports 22

Information 1

● If you include the summer and winter tournaments, this is the 4th time the Olympics are being held in Japan!

Tokyo 2020 Games Emblems

"Kumi-ichimatsu-mon"

The checkered design, historically loved all over the world, became popular and prevalent in Japan as the "ichimatsu moyo" during the Edo period (1603-1867). In this logo it is depicted in elegant Japanese style with traditional Japanese indigo colors. Combining three kinds of squares and rectangles of different shapes, this design represents the differences of country, culture and thought. With a message of "diversity and harmony", the Games encourage people to overcome their differences and connect with one another. It signifies that the Olympic and Paralympic Games are places where we can recognize diversity and aim for a united world. (Reference: Organizing committee website)



Information 2

● Tokyo 2020 Olympic Games mascot : MIRAITOWA

The name MIRAITOWA is based on the Japanese words "Mirai" (future) and "towa" (eternity) connected together. This name was chosen for the Olympic mascot to promote a future full of hope forever, in the hearts of all the people in the world. (Reference: Organizing Committee Website)

● Tokyo 2020 Paralympic Games mascot : SOMEITY

The name SOMEITY comes from "Someiyoshino", a popular cherry blossom variety, and the phrase "so mighty". The mascot represents Paralympic athletes who overcome obstacles and redefine the boundaries of possibility. (Reference: Organizing Committee Website)